

## Summary of Dental Benefits and Coverage Disclosure Matrix (SDBC)

### Part I: GENERAL INFORMATION

**Insurer Name:** Health Net of California, Inc.

**Plan Name:** Individual and Family Plan Vision and Dental – Plus Plan

**Policy Type:** PPO

**Insurer Phone #:** 866-249-2382 (TTY: 711)

**Effective Date:**

**Insurer Website:** [yourdentalplan.com/healthnet](http://yourdentalplan.com/healthnet)

**THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE BENEFITS AND WHAT YOU WILL PAY FOR COVERED SERVICES. THIS IS A SUMMARY ONLY AND DOES NOT INCLUDE THE PREMIUM COSTS OF THIS DENTAL BENEFITS PACKAGE. PLEASE CONSULT YOUR EVIDENCE OF COVERAGE AND DENTAL CONTRACT FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS. FOR MORE INFORMATION ABOUT YOUR COVERAGE, VISIT THE INSURER WEBSITE AT [yourdentalplan.com/healthnet](http://yourdentalplan.com/healthnet) OR CALL 866-249-2382.**

**THIS MATRIX IS NOT A GUARANTEE OF EXPENSES OR PAYMENT.**

### Part II: DEDUCTIBLES

<b>Deductible</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Dental	Per Individual: \$50 Per Family: \$150	Per Individual: \$50 Per Family: \$150

- **The deductible applies to all services except Preventive, Diagnostics.**
- A **deductible** is the amount you are required to pay for covered dental services each policy year before the insurer begins to pay for the cost of covered dental treatment.
- **In-network services** are dental care services provided by dentists or other licensed dental care providers that contract with your insurer for alternative rates of payment for dental services.
- **Out-of-network services** are dental care services provided by dentists or other licensed dental care providers that have not contracted with your insurer for alternative rates of payment.

### Part III: MAXIMUMS POLICY WILL PAY

<b>Maximums</b>	<b>In-Network</b>	<b>Out-of-Network</b>
Annual Maximum	\$1,000	\$1,000
Lifetime Maximum for Orthodontia	Not Applicable	Not Applicable

- **Annual maximum** is the maximum dollar amount your policy will pay toward the cost of dental care within a specific period of time, usually a consecutive 12-month or calendar year period.
- **Lifetime maximum** means the maximum dollar amount your policy providing dental benefits will pay for the life of the enrollee. Lifetime maximums usually apply to specific services, such as orthodontic treatment.

### Part IV: WAITING PERIODS

**Waiting Periods:** A waiting period is the amount of time that must pass before you are eligible to receive benefits for all or certain dental treatments.

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**Part IV: WAITING PERIODS**

Category	Waiting Period
Diagnostics	No Waiting Period
Preventive	No Waiting Period
Minor Restorative	No Waiting Period
Oral Surgery	No Waiting Period
Endodontics	No Waiting Period
Periodontics	No Waiting Period
Crowns	No Waiting Period
Dentures	No Waiting Period
Ortho	Not Applicable

**Part V: WHAT YOU WILL PAY**

All copayments and coinsurance costs shown in this chart apply after your deductible has been met, if a deductible applies. The Common Dental Procedures fit into one of the following applicable categories: Preventive & Diagnostic, Basic or Major. The Benefit Limitations and Exclusions column includes common limitations and exclusions only. For a full list, see the full disclosure document referenced in the Benefit Limitations and Exclusions column.

Common Dental Procedures	Category	In-Network	Out-of-Network	Benefit Limitations and Exclusions
Oral Exam	Diagnostics	50%	50%	2-F-12M (i - ii - iii)*
Bitewing X-ray	Diagnostics	50%	50%	1-P-1Y
Cleaning	Preventive	50%	50%	2-F-12M
Filling	Minor Restorative	50%	75%	999- -0M
Simple Extraction	Oral Surgery	50%	75%	1-F-99Y
Root Canal	Endodontics	75%	75%	1-F-99Y
Scaling and Root Planing	Periodontics	75%	75%	1-F-24M
Ceramic Crown	Crowns	75%	75%	1-F-60M
Removable Partial Denture	Dentures	75%	75%	1-F-60M
Orthodontia	Ortho	Not Applicable	Not Applicable	Not Applicable

\* i-ii-iii Definition: i = Number of Procedure (999 = unlimited); ii = Procedure Frequency Type (C=Calendar Year, F=Floating, P=Plan Year); iii = Period and Timeframe (D=Day, M=Month, Y=Year) - Example: 1-F-36M read as 1 Procedure per 36 Floating Months

## Part VI: COVERAGE EXAMPLES

### **THESE EXAMPLES DO NOT REPRESENT A COST ESTIMATOR OR GUARANTEE OF PAYMENT.**

The examples provided represent commonly used services in the categories of Diagnostic and Preventive, Basic and Major Services for illustrative purposes and to compare this policy to other dental policies you may be considering. Your actual cost will likely be different from those shown in the chart below depending on the actual care you receive, the prices your providers charge and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and the summary of excluded services under the plan.

<b>Dana Has a Dental Appointment with a New Dentist</b>		<b>Sam Needs a Tooth Filled</b>		<b>Maria Needs a Crown</b>	
New patient exam, x-rays (FMX) and cleaning		Resin-based composite - one surface, posterior		Crown - porcelain/ceramic substrate	
<b>Dana's Visit</b>	<b>Dana's Cost</b>	<b>Sam's Visit</b>	<b>Sam's Cost</b>	<b>Maria's Visit</b>	<b>Maria's Cost</b>
Total Cost of Care	In-network: \$250 Out-of-network: \$450	Total Cost of Care	In-network: \$150 Out-of-network: \$250	Total Cost of Care	In-network: \$950 Out-of-network: \$1,400
Deductible	In-network: Per Indiv: \$50 Per Family: \$150  Out-of-network: Per Indiv:\$50 Per Family:\$150	Deductible	In-network: Per Indiv: \$50 Per Family: \$150  Out-of-network: Per Indiv:\$50 Per Family:\$150	Deductible	In-network: Per Indiv: \$50 Per Family: \$150  Out-of-network: Per Indiv:\$50 Per Family:\$150
Annual Maximum (Plan Will Pay)	In-network: \$1,000 Out-of-network: \$1,000	Annual Maximum (Plan Will Pay)	In-network: \$1,000 Out-of-network: \$1,000	Annual Maximum (Plan Will Pay)	In-network: \$1,000 Out-of-network: \$1,000
Patient Cost (copayment or coinsurance)	In-network: 50% Out-of-network: 50%	Patient Cost (copayment or coinsurance)	In-network: 50% Out-of-network: 75%	Patient Cost (copayment or coinsurance)	In-network: 50% Out-of-network: 50%
In this example, Dana would pay (includes copays/ coinsurance and deductible, if applicable):	In-network: \$125 Out-of-network:\$225	In this example, Sam would pay (includes copays/ coinsurance and deductible, if applicable):	In-network: \$100 Out-of-network: \$200	In this example, Maria would pay (includes copays/ coinsurance and deductible, if applicable):	In-network: \$500 Out-of-network: \$725
Summary of what is not covered or subject to a limitation:	2-F-12M	Summary of what is not covered or subject to a limitation:	999- -0M	Summary of what is not covered or subject to a limitation:	1-F-60M