

Keep this card for easy reference.

## Your Mini Care Key



Health Net EnhancedCare PPO – Individual  
www.MyHealthNetCA.com

My Health Net member ID #: \_\_\_\_\_

	Use ...	When you need ...	Contact info
	Your primary care physician (PCP)	Routine and preventive care	<b>My PCP name:</b> _____ <b>My PCP phone #:</b> _____
	EnhancedCare PPO Network providers	Specialty care; no referral required	Listed at <b>www.myhealthnetca.com</b>
	Teladoc	Health info, diagnoses and prescriptions by phone, web or mobile app <sup>1</sup>	<b>1-800-Teladoc (1-800-835-2362)</b> <b>www.teladoc.com/hn</b>
	Heal	Primary, preventive and urgent care “house calls” at a home, office or hotel located in the Heal service area <sup>1</sup>	<b>1-844-644-4325</b> <b>www.heal.com/healthnet</b>
	Nurse Advice Line	24/7/365 phone advice about minor illnesses or injuries <sup>1</sup>	<b>1-800-893-5597 (TTY: 711)</b>
	Walk-in retail clinics	In-person care for common illnesses, screenings, vaccinations <sup>1</sup>	Listed at <b>www.cvs.com/minuteclinic/</b>
	Urgent care centers	Same-day treatment for illnesses or injuries <sup>1</sup>	Listed at <b>www.myhealthnetca.com</b>
	Out-of-network providers	Routine and specialty care; additional costs will apply	
	Health Benefit Navigator team	Help making the most of your benefits	<b>1-844-463-8188 (TTY: 711)</b>

<sup>1</sup>Go immediately to the nearest emergency room or call 911 if you have an emergency.

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