

Know Where to Get Care

PURECARE HSP

Your plan offers a variety of ways to get the care you need, when you need it.



At a doctor's office

Your primary care doctor (PCP)

Go to your PCP for routine and preventive care, such as annual wellness exams, illness, vaccinations, and general medical care.

Your PCP's name and number are on your Health Net ID card.

Other in-network providers

Get care from other doctors, specialists or providers (like urgent care or hospitals) in your network. No PCP referral required.¹

To find providers in the PureCare HSP network, visit www.myhealthnetca.com and click on *Find a Doctor*.

MHN network providers

Use an MHN provider for counseling, psychotherapy, treatment for addiction, psychiatric services. PCP referral is not required.

Find an MHN provider at www.mhn.com/members.html, or call the Mental Health Benefits number listed on your Health Net ID card.



At home

24/7 Teladoc

Use Teladoc for phone or online video consults with a Teladoc doctor or therapist. Ideal when you can't meet with your PCP, or their office is closed.²

Call 1-800-Teladoc (1-800-835-2362).

Set up your account at www.teladoc.com/hn.

24/7 Nurse advice line

Get advice from a registered nurse on whether to seek medical care or how to care for illness and injury at home, like self-care for minor injuries and illness like fevers and the flu.²

Call 1-800-893-5597 (TTY: 711).



In a clinic

Walk-in retail clinics

Go to a walk-in retail clinic, such as MinuteClinics (found in select CVS Pharmacy stores), when you need in-person care for common illnesses and preventive care.²

Visit www.cvs.com/minuteclinic to search for locations near you.

Urgent care centers

Get same-day care for non-emergency illnesses or injuries.²

Visit www.myhealthnetca.com and click on *Find a Doctor* to search for a PureCare HSP network urgent care location near you.



You are in the PureCare HSP Individual & Family Plan network.

¹There is no coverage for out-of-network services except for emergency care, urgent care and services approved by Health Net.

²Go straight to the nearest emergency room or call 911 if you have an emergency.